

## SHOWCASE CINEMAS - KCAL INFORMATION

POPCORN	Per 100g	Kids Film Crew	Small	Medium	Large
Sweet Popcorn	493	360	794	1006	1277
Salted Popcorn	501	220	526	802	987

GOURMET POPCORN	Per 100g	Per Serving
Gourmet Caramel Popcorn	423	528.75
Gourmet Milk Chocolate Popcorn	490	588
Gourmet White Chocolate Popcorn	500	600
Gourmet Salted Caramel Popcorn	504	604.8

HOTDOGS	Per 100g	Per Serving
Medium Hotdog (including bun)	311	393
Large Hotdog (including bun)	308	663
Crispy Onion Topping	590	266

NACHOS	Per 100g	Small	Medium	Large
Nacho Chips	478	335	574	765
Cheese Sauce	186			186
Salsa	50			50
Jalapenos	10			5.5

ICEE	Per 100g	Kids Film Crew	Small	Medium	Large
ICEE Cherry Sugar Free	18	37	53	85	112
ICEE Raspberry Sugar Free	17	37	53	85	112
ICEE Vimto Sugar Free	18	37	53	85	112

DRINKS	Per 100ml	Kids Film Crew	Small	Medium	Large
Coke - Derby CDL only	43	203	280	407	559
Diet Coke - Derby CDL only	0.3	1	2	3	4
Coke Zero - Derby CDL only	0.5	2	3	5	7
Fanta - Derby CDL only	19	90	124	180	247
Sprite Zero - Derby CDL only	1	5	7	9	13

# SHOWCASE

CINEMA DE LUX

COKE FREESTYLE	Per 100ml	Kids Film Crew	Small	Medium	Large
Coca Cola	46	218	299	435	598
Diet Coke	0.3	1	2	3	4
Diet Coke Cherry	2	9	13	19	26
Diet Coke Vanilla	2	9	13	19	26
Diet Coke Raspberry	1	5	7	9	13
Diet Coke Lime	1	5	7	9	13
Diet Coke Cherry Vanilla	2	9	13	19	26
Diet Coke Orange	0.4	2	3	4	5
Coke Zero	0.3	1	2	3	4
Coke Zero Cherry	2	9	13	19	26
Coke Zero Orange	0.3	1	2	3	4
Coke Zero Vanilla	2	9	13	19	26
Coke Zero Raspberry	1	5	7	9	13
Coke Zero Lemon	0.3	1	2	3	4
Coke Zero Lime	1	5	7	9	13
Coke Zero Cherry Vanilla	2	9	13	19	26
Coke Zero Peach	1	5	7	9	13
Caffeine Free Diet Coke	0.3	1	2	3	4
Caffeine Free Diet Coke Cherry	2	9	13	19	26
Caffeine Free Diet Coke Vanilla	2	9	13	19	26
Caffeine Free Diet Coke Raspberry	1	5	7	9	13
Caffeine Free Diet Coke Lime	1	5	7	9	13
Caffeine Free Diet Coke Cherry Vanilla	2	9	13	19	26
Caffeine Free Diet Coke Orange	0.4	2	3	4	5
Dr Pepper	20	95	130	189	260
Dr Pepper Cherry	22	104	143	208	286
Dr Pepper Cherry Vanilla	21	99	137	199	273
Dr Pepper Strawberry	21	99	137	199	273
Dr Pepper Zero	0.4	2	3	4	5
Dr Pepper Zero Cherry	2	9	13	19	26
Dr Pepper Zero Cherry Vanilla	2	9	13	19	26
Dr Pepper Zero Strawberry	2	9	13	19	26
Fanta Orange	21	99	137	199	273
Fanta Cherry	22	104	143	208	286
Fanta Raspberry	22	104	143	208	286
Fanta Lemon	20	95	130	189	260
Fanta Grape	21	99	137	199	273
Fanta Peach	21	99	137	199	273
Fanta Strawberry	22	104	143	208	286

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## CINEMA DE LUX

Fanta Fruit Punch	21	99	137	199	273
Fanta Zero	1	5	7	9	13
Fanta Zero Cherry	2	9	13	19	26
Fanta Zero Raspberry	2	9	13	19	26
Fanta Zero Lemon	0.5	2	3	5	7
Fanta Zero Grape	2	9	13	19	26
Fanta Zero Peach	2	9	13	19	26
Fanta Zero Strawberry	2	9	13	19	26
Fanta Zero Fruit Punch	2	9	13	19	26
Fanta No Bubbles	20	95	130	189	260
Fanta No Bubbles Cherry	22	104	143	208	286
Fanta No Bubbles Raspberry	22	104	143	208	286
Fanta No Bubbles Lemon	20	95	130	189	260
Fanta No Bubbles Grape	21	99	137	199	273
Fanta No Bubbles Peach	21	99	137	199	273
Fanta No Bubbles Strawberry	22	104	143	208	286
Fanta No Bubbles Fruit Punch	21	99	137	199	273
Fanta No Bubbles Zero	1	5	7	9	13
Fanta No Bubbles Cherry Zero	2	9	13	19	26
Fanta No Bubbles Raspberry Zero	2	9	13	19	26
Fanta No Bubbles Lemon Zero	0.5	2	3	5	7
Fanta No Bubbles Grape Zero	2	9	13	19	26
Fanta No Bubbles Peach Zero	2	9	13	19	26
Fanta No Bubbles Strawberry Zero	2	9	13	19	26
Fanta No Bubbles Fruit Punch Zero	2	9	13	19	26
Fuze Tea Lemon	20	95	130	189	260
Fuze Tea Raspberry	21	99	137	199	273
Fuze Tea Peach	21	99	137	199	273
Fuze Tea Strawberry	21	99	137	199	273
Fuze Tea Vanilla	21	99	137	199	273
Fuze Tea Orange	20	95	130	189	260
Fuze Tea Zero Lemon	1	5	7	9	13
Fuze Tea Zero Raspberry	2	9	13	19	26
Fuze Tea Zero Peach	2	9	13	19	26
Fuze Tea Zero Strawberry	2	9	13	19	26
Fuze Tea Zero Vanilla	2	9	13	19	26
Fuze Tea Zero Orange	1	5	7	9	13
Mezzo Mix Zero	0.3	1	2	3	4
Mezzo Mix Zero Peach	1	5	7	9	13
Mezzo Mix Zero Cherry	2	9	13	19	26

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## CINEMA DE LUX

Mezzo Mix Zero Lemon	0.3	1	2	3	4
Mezzo Mix Zero Strawberry	1	5	7	9	13
Powerade Zero Cherry	2	9	13	19	26
Powerade Zero Orange	1	5	7	9	13
Powerade Zero Raspberry	2	9	13	19	26
Powerade Zero Lemon	1	5	7	9	13
Powerade Zero Grape	1	5	7	9	13
Powerade Zero Strawberry	1	5	7	9	13
Powerade Zero Fruit Punch	2	9	13	19	26
Powerade Zero Berry Tropical	2	9	13	19	26
Schweppes Lemonade	20	95	130	189	260
Schweppes Lemonade Cherry	21	99	137	199	273
Schweppes Lemonade Orange	20	95	130	189	260
Schweppes Lemonade Raspberry	21	99	137	199	273
Schweppes Lemonade Strawberry	22	104	143	208	286
Schweppes Lemonade Fruit Punch	22	104	143	208	286
Schweppes Diet Lemonade	1	5	7	9	13
Schweppes Diet Lemonade Cherry	2	9	13	19	26
Schweppes Diet Lemonade Orange	1	5	7	9	13
Schweppes Diet Lemonade Raspberry	2	9	13	19	26
Schweppes Diet Lemonade Strawberry	3	14	20	28	39
Schweppes Diet Lemonade Fruit Punch	2	9	13	19	26
Sprite Zero	1	5	7	9	13
Sprite Zero Cherry	2	9	13	19	26
Sprite Zero Orange	1	5	7	9	13
Sprite Zero Vanilla	1	5	7	9	13
Sprite Zero Raspberry	2	9	13	19	26
Sprite Zero Grape	1	5	7	9	13
Sprite Zero Peach	2	9	13	19	26
Sprite Zero Strawberry	2	9	13	19	26
ICE CREAM - DISOTTO GELATO	Per 100g	Each	Per Scoop		
Cone	406	53			
Raspberry Ripple Gelato	197		167		
Mint Choc Chip Gelato	216		184		

# SHOWCASE

CINEMA DE LUX

Salted Caramel Gelato	217	184
Madagascar Vanilla Gelato	199	169
Blue Bubblegum Gelato	199	169
Peanut Butter Gelato	225	191
Alphonso Mango Sorbet	117	99
Candyfloss Gelato	194	165
Chocolate Brownie, Caramel and Sea Salt Gelato	208	177
Wild Strawberry Gelato	202	172
Cookies & Cream Gelato	221	188
Ambassador Gelato	231	196
Rum n Raisin Gelato	201	171
Vegan Vanilla Gelato	211	179
Vegan Chocolate Gelato	233	198
Toffee & Butterscotch Gelato	219	186
Speculoos Gelato	220	187
Red Velvet Gelato	212	180
Lemon Drizzle Cake Gelato	202	172
Stracciatella Gelato	226	192
Crème Brulee Gelato	185	157
Raised Popcorn Pretzel Salted Caramel	265	225
Kinda Classic Gelato	245	208
Smartease	246	209

MILKSHAKES (Milk only)	Per 100ml	Small	Large
Small Milkshake + Two Scoops of Gelato	45	80	
Large Milkshake + Three Scoops of Gelato	45		106

ICE CREAM WAFFLE	Per 100ml/g	Per Serving
Waffle	442	398

ICE CREAM / COOKIE TOPPINGS	Per 100ml/g	Per Serving
Chocolate Sauce	280	70
Toffee Sauce	294	74
Raspberry Sauce	281	70
Whipped Cream	336	30
Sprinkles	400	60
Oreo & Oreo Crumb	476	100

# SHOWCASE

CINEMA DE LUX

Peanut M&Ms	516	103
Salted Popcorn	501	15
Flake	535	43
Nuts	604	48

PICK & MIX	Per 100g	
Gourmet Jelly Beans	377	
Dolly Mixture	381	
Fizzy Cherry Cola Bottles	351	
Fizzy Cola Bottles	321	
Flowers	324	
Fried Eggs	335	
Juicy Strawberries	335	
Smileys	337	
Sour Cherries	336	
Strawberry & White Candysticks	375	
Vanilla Fudge	420	
Baby Snakes	329	
Berries	347	
Birthday Cake Fudge	441	
Black & Raspberries	313	
Blue Raspberry Bonbons	370	
Brains	319	
Bunnies	340	
Cherries	327	
Chocolate Brownie Fudge	435	
Cola Bottles	314	
Crispy Bites	430	
Duo Fudge	437	
Fairytale Mix	326	
Fish & Chips	522	
Fizzy Bubblegum Bottles	335	
Fizzy Dummies	320	
Fruity Rolls	369	
Fudgies	427	
Giant Cola Bottles	313	
Giant Cola Fizz	321	
Giant Jazzies	480	
Giant Snowies	500	
Jelly Foam Hearts	340	
Mega Melon	353	
Milk Chocolate Beans	454	
Milk Chocolate Mini Eggs	481	

# SHOWCASE

## CINEMA DE LUX

Milk Chocolate Raisins	437
Milk Chocolate Toffee Chews	422
Milkshake Bottles	315
Milk Teeth	322
Mini Strawberry Cables	370
Monkey Bananas	522
Orange Bottle	353
Partymix	335
Pink and White Mice	520
Rainbow Mix	344
Raspberry Jelly	322
Red Metre	331
Sour All-in-Mix	336
Spinning Tops	500
Strawberry Bonbons	390
Strawberry Dreams	336
Strawberry Rocketz	382
Stretchy Snakes	329
Sugared Strawberries	350
Sweet Apples	309
Sweet Bananas	360
Teddy Bears	313
Under the Sea Mix	330
Watermelon Slices	340
Wine Gums	335

FRIED FOOD	Per 100g	Per Serving	Regular Chips	Large Chips
Chips	204		502	670
Chips with Cheese				816
Chips with Nacho Cheese				856
Chicken Nuggets 6	293	353	855	1023
Chicken Nuggets 10	293	589	1092	1259
Chicken Strips	276	547	1050	1217
Hot & Spicy Popcorn Chicken	306	474	976	1144
Southern Fried Popcorn Chicken	337	506	1008	1176
Onion Rings	322	397	899	1067
Chicken Burger	263	487	989	1157
Beef Burger	367	642	1144	1312
Cheese Burger	364	691	1193	1361
Waffle Fries	366	808		
Waffle Fries with Cheese		954		
Waffle Fries with Nacho Cheese		994		

# SHOWCASE

CINEMA DE LUX

Sweet Potato Fries	261	710
Potato Wedges	215	485
Jalapeno Flamers	206	344
Garlic Mushrooms	173	260
Mac & Cheese Bites	250	320
BBQ Chicken Wings 6	193	608
BBQ Chicken Wings 10	193	1071

FRIED FOOD - STUDIO BAR	Per 100g	Per Serving
Chips	204	670
Waffle Fries	366	808
Chicken Strips	276	547
Onion Rings	322	521
Potato Wedges	215	485
Mac & Cheese Bites	250	320

FRIED FOOD - PETERBOROUGH	Per 100g	Per Serving
Loaded Fries	225	1259

PETERBOROUGH - Hot Hold Products	Per 100g	Per Serving
Hot & Spicy Chicken Bites	226	231
Chicken Bites	230	235
Chilli Cheese Nuggets	247	322
Mozzarella Sticks	299	327
Southern Fried Wedges	144	248

Cookie Dough (Peterborough)		
Original Milk Chocolate	429	472
Triple Chocolate Brownie	424	466
Caramelised Biscuit (Speculoos)	441	485
Grab & Go Cookies		
Original Milk Chocolate	496	372
Triple Chocolate	396	297
Mini Cookies x 12	629	472
Biscoff Sauce	673	168
Biscoff Crumb	484	121
Nutella	539	135

Peterborough Lounge		
Breaded Chicken Breast Strips x 3	217	263



# SHOWCASE

## CINEMA DE LUX

Breaded Chicken Breast Strips x 5	217	386
Breaded Chicken Breast Strips x 9	217	644
Vegan Tenders x 3	262	238
Vegan Tenders x 5	262	375
Vegan Tenders x 9	262	702
SureCrisp Medium (Regular)	141	236
SureCrisp Medium (Large)	141	353
Crunchy Hot Wings x 5	270	605
Crunchy Hot Wings x 10	270	1210
Crunchy Hot Wings x 20	270	2215
Homestyle Southern Fried Fillets	189	194
Waffle Fries (Regular)	174	212
Waffle Fries (Large)	174	337
Corn Ribs	164	270
Battered Onion Rings	269	338

Monterey Jack Cheese Slice	416	25
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Classic Chicken Burger		710
Deluxe Chicken Burger		741
Spicy Chicken Burger		810
Spicy Deluxe Chicken Burger		840
Louisanna Chicken Burger		463

Classic Wrap		738
Spicy Classic Wrap		512
Veggie Wrap		749

Munchbox		3335
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PIZZAS	Per 100g	Per Serving
Stuffed Crust Four Cheese Pizza	228	1436
Stuffed Crust Pepperoni Pizza	270	1742
Stuffed Crust Chicken & Bacon Pizza	289	1850
Stuffed Crust Meat Feast Pizza	264	1795
Classic Crust BBQ Jackfruit Pizza	254	1245
Stuffed Crust Salt & Pepper Chicken	241	1668

PANINIS	Per 100g	Per Serving	Plus Chips
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# SHOWCASE

## CINEMA DE LUX

Tomato, Pesto and Mozzarella Panini	302	444	695
Tuna Melt Panini	291	486	737

BURRITOS	Per 100g	Per Serving	Plus Chips
Chicken Burrito	195	527	778

PIZZA TWISTS	Per 100g	Per Serving	Plus Chips
Margherita	218	392	643
Pepperoni	226	407	658

BAR DRINKS	Per 100ml	Per 4oz Splash	Per 12oz Glass	Per Pint Glass
Coca Cola	43	49	152	244
Diet Coke	0.3	0.3	1	1.7
Coke Zero	0.5	0.6	2	2.8
Fanta	19	22	67	108
Sprite Zero	1	1	4	6
Schweppes Lemonade	19	22	67	108

MOCKTAILS	Per 100ml	Per Serving
Coca Colada	65	114
Sea Breeze	37	74
Summer Sunset	33	66

JUICES	Per 100ml	Per Serving
Orange	46	92
Cranberry	20	40
Pineapple	54	108

GALLERY POT OPTIONS	Per 100g	Per Serving
Milk Choc Popcorn	490	594
White Choc popcorn	500	594
Mini Apple Beignets	328	246
Mini Brownies	440	502
Celebrations / Quality Street	471	688
Chilli Nuts	511	894
Veggie Crisps	540	243
Olives - Garlic & Basil	277	485

GALLERY BENTO BOXES	Per 100g	Per Serving
Sweet Bento Box	418	998

# SHOWCASE

## CINEMA DE LUX

Savoury Bento Box 324 762

NACHOS GRANDE - Southampton and Peterborough Only Per 100g Per Serving

Nachos Grande with Pulled Pork	230	1083
Nachos Grande with Chilli Beef	165	943
Nachos Grande with Vegetable and Smoky Bean Chilli	149	859

POSH DOGS - Southampton and Peterborough Only Per 100g Per Serving

Posh Dog with Pulled Pork	241	1072
Posh Dog with Chilli Beef	170	932
Posh Dog with Vegetable and Smoky Bean Chilli	153	848

BURGERS - Peterborough Per 100g Per Serving with Chips

Classic Burger	236	1155	1406
Chicken Burger	290	580	831
Add Beef Patty	312	530	
Add Cheese	327	49	
Add Bacon	215	129	

BURGERS - Leeds and Dudley Per 100g Per Serving with Chips

Classic Burger	367	642	893
Chicken Burger	263	487	738
Add Beef Patty	312	530	
Add Cheese	327	49	
Add Bacon	215	129	

BURGERS - Dudley Only Per 100g Per Serving with Chips

Classic with a Twist	236	1155	1406
Mexican Burger	311	1337	1588
Pulled Pork Feast Burger	382	1643	1894
American Crunch Burger	364	1565	1816

PIZZAS - Nottingham Only Per 100g 6 inch 10 inch

Margherita	212	503	580
Veggie	186	514	610
Pepperoni	220	540	671
Hawaiian	198	529	650
Meatball	206	580	738

# SHOWCASE

## CINEMA DE LUX

Chicken Tikka 192 531 650

SHARING PLATTERS (Serves 2-3 people) - Bluewater Only

	Per 100g	Per Serving
Sharing Platter	223	1593
Veggie Sharing Platter	209	1344
De Lux Platter	210	2838

COSTA PROUD TO SERVE - Hot Drinks

	Per 100ml	Small	Medium	Large
Espresso	19	6	12	
Macchiato	26	10	21	
Cortado	45	113		
Flat White	45	189		
Cappuccino	46	123	154	169
Latte	42	111	151	209
Americano	4	12	18	23
Chai Latte	61	168	215	274
Mocha	63	174	222	267
Hot Chocolate	79	220	310	421
English Breakfast Tea	0	1	1	1
Speciality Tea	2	3	3	3

COSTA PROUD TO SERVE - Cold Drinks

	Per 100ml	Small	Medium
Coffee Frostino	32	99	133
Belgian Chocolate & Cream Frostino	83	322	383
Strawberry & Cream Frostino	84	325	387
Salted Caramel & Cream Frostino	80	315	371
Iced Cappuccino	32	69	88
Iced Latte	38	106	144
Iced Americano	11	25	42
Mango & Passionfruit Cooler	31	125	165
Red Summer Berries Cooler	42	167	220
Peach Iced Tea	20	67	87
Cold Brew Coffee	3	6	8

















COSTA PROUD TO SERVE - Syrups per 100ml per Pump

Vanilla Syrup	313	13
Sugar Free Vanilla Syrup	13	1

# SHOWCASE

CINEMA DE LUX

Roasted Hazelnut Syrup	285	11
Sugar Free Roasted Hazelnut Syrup	14	1
Caramel Syrup	279	11
Sugar Free Caramel Syrup	19	1

																
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soybeans	Sulphur Dioxide	Vegetarian	Vegan
Nachos - No Topping													MAY CONTAIN		YES	YES
Nachos - Cheese Topping							CONTAIN S								YES	
Nachos - Salsa Topping													CONTAINS		YES	YES
Nachos - Jalapeno Topping															YES	YES
Medium Hot Dog	MAY CONTAIN	CONTAINS Wheat, Barley		CONTAIN S			CONTAIN S		MAY CONTAIN			MAY CONTAIN	CONTAINS			
Large Hot Dog	MAY CONTAIN	CONTAINS Wheat, Barley		CONTAIN S			CONTAIN S		MAY CONTAIN			MAY CONTAIN	CONTAINS			
Sweet Popcorn													MAY CONTAIN		YES	YES
Salted Popcorn													MAY CONTAIN		YES	YES
Gourmet Caramel Corn							CONTAIN S						MAY CONTAIN		YES	
Gourmet White Chocolate Corn		MAY CONTAIN					CONTAIN S			MAY CONTAIN	MAY CONTAIN		CONTAINS		YES	
Gourmet Belgian Chocolate Corn		MAY CONTAIN					CONTAIN S			MAY CONTAIN	MAY CONTAIN		CONTAINS		YES	
Gourmet Salted Caramel Corn		MAY CONTAIN					CONTAIN S			MAY CONTAIN	MAY CONTAIN		CONTAINS		YES	