

ALLERGEN INFORMATION MATRIX

Issued By: NSFFOODCONSULTING, HANBOROUGH BUSINESS PARK, LONG HANBOROUGH, OXFORDSHIRE, OX29 8SJ, UK
<https://www.nsf.org/>

Project ID:	Showcase Cinema
Client Name:	National Amusements
Project Scope	Allergen info
Review country(s):	n.a. based on Reg. (EU) No 1169/2011 ANNEX II
Date:	Oct-25

																
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soybeans	Sulphur Dioxide	Vegetarian	Vegan
Nachos - No Topping													MAY CONTAIN		YES	YES
Nachos - Cheese Topping							CONTAINS								YES	
Nachos - Salsa Topping													CONTAINS		YES	YES
Nachos - Jalapeno Topping															YES	YES
Medium Hot Dog	MAY CONTAIN	CONTAINS Wheat, Barley		CONTAINS			CONTAINS		MAY CONTAIN			MAY CONTAIN	CONTAINS			
Large Hot Dog	MAY CONTAIN	CONTAINS Wheat, Barley		CONTAINS			CONTAINS		MAY CONTAIN			MAY CONTAIN	CONTAINS			
Sweet Popcorn													MAY CONTAIN		YES	YES
Salted Popcorn													MAY CONTAIN		YES	YES
Gourmet Caramel Corn							CONTAINS						MAY CONTAIN		YES	
Gourmet White Chocolate																
Corn		MAY CONTAIN					CONTAINS			MAY CONTAIN	MAY CONTAIN		CONTAINS		YES	
Gourmet Belgian Chocolate																
Corn		MAY CONTAIN					CONTAINS			MAY CONTAIN	MAY CONTAIN		CONTAINS		YES	
Gourmet Salted Caramel																
Corn		MAY CONTAIN					CONTAINS			MAY CONTAIN	MAY CONTAIN		CONTAINS		YES	

SHOWCASE CINEMAS - KCAL INFORMATION

POPCORN	Per 100g	Totally Tots	Kids Film Crew	Small	Medium
Sweet Popcorn	493	250	360	794	1006
Salted Popcorn	501	153	220	526	802
GOURMET POPCORN	Per 100g	Per Serving			
Gourmet Caramel Popcorn	423	528.75			
Gourmet Milk Chocolate Popcorn	490	588			
Gourmet White Chocolate Popcorn	500	600			
Gourmet Salted Caramel Popcorn	504	604.8			
HOTDOGS	Per 100g	Per Serving			
Medium Hotdog (including bun)	311	393			
Large Hotdog (including bun)	308	663			
Medium Turkey Hotdog (including bun)	246	391			
Large Turkey Hotdog (including bun)	246	590			
Crispy Onion Topping	590	266			
NACHOS	Per 100g	Small	Medium	Large	
Nacho Chips	478	335	574	765	
Cheese Sauce	186			186	
Salsa	50			50	
Jalapenos	10			5.5	
Guacamole	161			121	
ICEE	Per 100g	Kids Film Crew	Small	Medium	Large
ICEE Cherry Sugar Free	18	37	53	85	112
ICEE Raspberry Sugar Free	17	37	53	85	112
ICEE Mango Sugar Free	18	37	53	85	112
DRINKS	Per 100ml	Kids Film Crew	Small	Medium	Large
Coke - Derby CDL only	43	203	280	407	559
Diet Coke - Derby CDL only	0.3	1	2	3	4
Coke Zero - Derby CDL only	0.5	2	3	5	7
Fanta - Derby CDL only	19	90	124	180	247
Sprite Zero - Derby CDL only	1	5	7	9	13
COKE FREESTYLE	Per 100ml	Kids Film Crew	Small	Medium	Large
Coca Cola	46	218	299	435	598
Diet Coke	0.3	1	2	3	4
Diet Coke Cherry	2	9	13	19	26
Diet Coke Vanilla	2	9	13	19	26
Diet Coke Raspberry	1	5	7	9	13
Diet Coke Lime	1	5	7	9	13
Diet Coke Cherry Vanilla	2	9	13	19	26
Diet Coke Orange	0.4	2	3	4	5
Coke Zero	0.3	1	2	3	4
Coke Zero Cherry	2	9	13	19	26
Coke Zero Orange	0.3	1	2	3	4
Coke Zero Vanilla	2	9	13	19	26
Coke Zero Raspberry	1	5	7	9	13
Coke Zero Lemon	0.3	1	2	3	4
Coke Zero Lime	1	5	7	9	13
Coke Zero Cherry Vanilla	2	9	13	19	26
Coke Zero Peach	1	5	7	9	13

SHOWCASE

CINEMA DE LUX

Caffeine Free Diet Coke	0.3	1	2	3	4
Caffeine Free Diet Coke Cherry	2	9	13	19	26
Caffeine Free Diet Coke Vanilla	2	9	13	19	26
Caffeine Free Diet Coke Raspberry	1	5	7	9	13
Caffeine Free Diet Coke Lime	1	5	7	9	13
Caffeine Free Diet Coke Cherry Vanilla	2	9	13	19	26
Caffeine Free Diet Coke Orange	0.4	2	3	4	5
Dr Pepper	20	95	130	189	260
Dr Pepper Cherry	22	104	143	208	286
Dr Pepper Cherry Vanilla	21	99	137	199	273
Dr Pepper Strawberry	21	99	137	199	273
Dr Pepper Zero	0.4	2	3	4	5
Dr Pepper Zero Cherry	2	9	13	19	26
Dr Pepper Zero Cherry Vanilla	2	9	13	19	26
Dr Pepper Zero Strawberry	2	9	13	19	26
Fanta Orange	21	99	137	199	273
Fanta Cherry	22	104	143	208	286
Fanta Raspberry	22	104	143	208	286
Fanta Lemon	20	95	130	189	260
Fanta Grape	21	99	137	199	273
Fanta Peach	21	99	137	199	273
Fanta Strawberry	22	104	143	208	286
Fanta Fruit Punch	21	99	137	199	273
Fanta Zero	1	5	7	9	13
Fanta Zero Cherry	2	9	13	19	26
Fanta Zero Raspberry	2	9	13	19	26
Fanta Zero Lemon	0.5	2	3	5	7
Fanta Zero Grape	2	9	13	19	26
Fanta Zero Peach	2	9	13	19	26
Fanta Zero Strawberry	2	9	13	19	26
Fanta Zero Fruit Punch	2	9	13	19	26
Fanta No Bubbles	20	95	130	189	260
Fanta No Bubbles Cherry	22	104	143	208	286
Fanta No Bubbles Raspberry	22	104	143	208	286
Fanta No Bubbles Lemon	20	95	130	189	260
Fanta No Bubbles Grape	21	99	137	199	273
Fanta No Bubbles Peach	21	99	137	199	273
Fanta No Bubbles Strawberry	22	104	143	208	286
Fanta No Bubbles Fruit Punch	21	99	137	199	273
Fanta No Bubbles Zero	1	5	7	9	13
Fanta No Bubbles Cherry Zero	2	9	13	19	26
Fanta No Bubbles Raspberry Zero	2	9	13	19	26
Fanta No Bubbles Lemon Zero	0.5	2	3	5	7
Fanta No Bubbles Grape Zero	2	9	13	19	26
Fanta No Bubbles Peach Zero	2	9	13	19	26
Fanta No Bubbles Strawberry Zero	2	9	13	19	26
Fanta No Bubbles Fruit Punch Zero	2	9	13	19	26
Fuze Tea Lemon	20	95	130	189	260
Fuze Tea Raspberry	21	99	137	199	273
Fuze Tea Peach	21	99	137	199	273
Fuze Tea Strawberry	21	99	137	199	273
Fuze Tea Vanilla	21	99	137	199	273
Fuze Tea Orange	20	95	130	189	260
Fuze Tea Zero Lemon	1	5	7	9	13
Fuze Tea Zero Raspberry	2	9	13	19	26
Fuze Tea Zero Peach	2	9	13	19	26
Fuze Tea Zero Strawberry	2	9	13	19	26
Fuze Tea Zero Vanilla	2	9	13	19	26

SHOWCASE

CINEMA DE LUX

Fuze Tea Zero Orange	1	5	7	9	13
Mezzo Mix Zero	0.3	1	2	3	4
Mezzo Mix Zero Peach	1	5	7	9	13
Mezzo Mix Zero Cherry	2	9	13	19	26
Mezzo Mix Zero Lemon	0.3	1	2	3	4
Mezzo Mix Zero Strawberry	1	5	7	9	13
Powerade Zero Cherry	2	9	13	19	26
Powerade Zero Orange	1	5	7	9	13
Powerade Zero Raspberry	2	9	13	19	26
Powerade Zero Lemon	1	5	7	9	13
Powerade Zero Grape	1	5	7	9	13
Powerade Zero Strawberry	1	5	7	9	13
Powerade Zero Fruit Punch	2	9	13	19	26
Powerade Zero Berry Tropical	2	9	13	19	26
Schweppes Lemonade	20	95	130	189	260
Schweppes Lemonade Cherry	21	99	137	199	273
Schweppes Lemonade Orange	20	95	130	189	260
Schweppes Lemonade Raspberry	21	99	137	199	273
Schweppes Lemonade Strawberry	22	104	143	208	286
Schweppes Lemonade Fruit Punch	22	104	143	208	286
Schweppes Diet Lemonade	1	5	7	9	13
Schweppes Diet Lemonade Cherry	2	9	13	19	26
Schweppes Diet Lemonade Orange	1	5	7	9	13
Schweppes Diet Lemonade Raspberry	2	9	13	19	26
Schweppes Diet Lemonade Strawberry	3	14	20	28	39
Schweppes Diet Lemonade Fruit Punch	2	9	13	19	26
Sprite Zero	1	5	7	9	13
Sprite Zero Cherry	2	9	13	19	26
Sprite Zero Orange	1	5	7	9	13
Sprite Zero Vanilla	1	5	7	9	13
Sprite Zero Raspberry	2	9	13	19	26
Sprite Zero Grape	1	5	7	9	13
Sprite Zero Peach	2	9	13	19	26
Sprite Zero Strawberry	2	9	13	19	26

ICE CREAM - DISOTTO GELATO Cone	Per 100g	Each	Per Scoop
Raspberry Ripple Gelato Mint Choc Chip	406	53	
Gelato Salted Caramel Gelato	197		167
Madagascan Vanilla Gelato Blue	216		184
Bubblegum Gelato Peanut Butter Gelato	217		184
Alphonso Mango Sorbet Candyfloss	199		169
Gelato Chocolate Brownie, Caramel and	199		169
Sea Salt Gelato Wild Strawberry Gelato	225		191
Cookies & Cream Gelato Ambassador	117		99
Gelato Rum n Raisin Gelato Vegan Vanilla	194		165
Gelato Vegan Chocolate Gelato Toffee &	208		177
Butterscotch Gelato			
	202		172
	221		188
	231		196
	201		171
	211		179
	233		198
	219		186

Pistachio & Raspberry	219	186
Mint Brownie Overload	216	184
Lemon Cheesecake	196	167

SHOWCASE

CINEMA DE LUX

	185	157
Raised Popcorn Pretzel Salted Caramel	265	225
Kinda Classic Gelato	245	208
Smartease	246	209

MILKSHAKES (Milk only)	Per 100ml	Small	Large
Small Milkshake + Two Scoops of Gelato	45	80	
Large Milkshake + Three Scoops of Gelato	45		106

ICE CREAM WAFFLE	Per 100ml/g	Per Serving
Waffle	442	398

ICE CREAM / COOKIE TOPPINGS	Per 100ml/g	Per Serving
Chocolate Sauce	280	70
Toffee Sauce	294	74
Raspberry Sauce	281	70
Whipped Cream	336	30
Sprinkles	400	60
Oreo & Oreo Crumb	476	100
Peanut M&Ms	516	103
Salted Popcorn	501	15
Flake	535	43
Nuts	604	48

PICK & MIX	Per 100g
Gourmet Jelly Beans	377
Dolly Mixture	381
Fizzy Cherry Cola Bottles	351
Fizzy Cola Bottles	321
Flowers	324
Fried Eggs	335
Juicy Strawberries	335
Smileys	337
Sour Cherries	336
Strawberry & White Candysticks	375
Vanilla Fudge	420
Baby Snakes	329
Berries	347
Birthday Cake Fudge	441
Black & Raspberries	313
Blue Raspberry Bonbons	370
Brains	319
Bunnies	340
Cherries	327
Chocolate Brownie Fudge	435
Cola Bottles	314
Crispy Bites	430
Duo Fudge	437
Fairytale Mix	326
Fish & Chips	522
Fizzy Bubblegum Bottles	335
Fizzy Dummies	320
Fruity Rolls	369
Fudgies	427
Giant Cola Bottles	313
Giant Cola Fizz	321
Giant Jazzies	480
Giant Snowies	500

SHOWCASE

CINEMA DE LUX

Jelly Foam Hearts Mega	340
Melon Milk Chocolate	353
Beanies Milk Chocolate Mini	454
Eggs Milk Chocolate Raisins	481
Milk Chocolate Toffee Chews	437
Milkshake Bottles Milk Teeth	422
Mini Strawberry Cables	315
Monkey Bananas Orange	322
Bottle Partymix Pink and	370
White Mice Rainbow Mix	522
Raspberry Jelly Red Metre	353
Sour All-in-Mix Spinning Tops	335
Strawberry Bonbons	520
Strawberry Dreams	344
Strawberry Rocketz Stretchy	322
Snakes Sugared Strawberries	331
Sweet Apples Sweet Bananas	336
Teddy Bears Under the Sea	500
Mix Watermelon Slices Wine	390
Gums	336
	382
	329
	350
	309
	360
	313
	330
	340
	335

FRIED FOOD	Per 100g	Per Serving	Regular Chips	Large Chips
Chips	204		502	670
Chips with Cheese				816
Chips with Nacho Cheese				856
Chicken Nuggets 6	293	353	855	1023
Chicken Nuggets 10	293	589	1092	1259
Chicken Strips	276	547	1050	1217
Hot & Spicy Popcorn Chicken	306	474	976	1144
Southern Fried Popcorn Chicken	337	506	1008	1176
Onion Rings	322	397	899	1067
Chicken Burger	263	487	989	1157
Beef Burger	367	642	1144	1312
Cheese Burger	364	691	1193	1361
Waffle Fries	366	808		
Waffle Fries with Cheese		954		
Waffle Fries with Nacho Cheese		994		
Sweet Potato Fries		710		
Potato Wedges	261	485		
Garlic Mushrooms	215	260		
BBQ Chicken Wings 6	173	608		
BBQ Chicken Wings 10	193	1071		
	193			

Flexeserve / Louies - Hot Hold Products	Per 100g	Per Serving
Hot & Spicy Chicken Bites	226	231
Chicken Bites	230	235
Chilli Cheese Nuggets	247	322
Mozzarella Sticks	299	327

SHOWCASE

CINEMA DE LUX

Southern Fried Wedges	144	248
Cookie Dough (Peterborough)		
Original Milk Chocolate	429	472
Triple Chocolate Brownie	424	466
Caramelised Biscuit (Speculoos)	441	485
Grab & Go Cookies		
Original Milk Chocolate	496	372
Triple Chocolate	396	297
Mini Cookies x 12	629	472
Biscoff Sauce		
Biscoff Crumb	673	168
Nutella	484	121
Louies Menu	539	135
Breaded Chicken Breast Strips x 3		
Breaded Chicken Breast Strips x 5		
Breaded Chicken Breast Strips x 9	217	263
Vegan Tenders x 3	217	386
Vegan Tenders x 5	217	644
Vegan Tenders x 9	262	238
SureCrisp Medium (Regular)	262	375
SureCrisp Medium (Large)	262	702
Crunchy Hot Wings x 5	141	236
Crunchy Hot Wings x 10	141	353
Crunchy Hot Wings x 20	270	605
Homestyle Southern Fried Fillets	270	1210
Waffle Fries (Regular)	270	2215
Waffle Fries (Large)	189	194
Loaded Waffle Fries (Large)	174	212
Corn Ribs	174	337
Battered Onion Rings		510
Cheese Slice	164	270
	269	338
Classic Chicken Burger		
Deluxe Chicken Burger	416	25
Spicy Chicken Burger		
		710
		741
		810
Spicy Deluxe Chicken Burger		840
Louisanna Chicken Burger		463
Classic Wrap		738
Spicy Classic Wrap		512
Veggie Wrap		749
Garlic Mayo	470	235
Lion Habanero Hot Sauce	200	100
Lion Louisiana BBQ Sauce	168	84
Lion Honey Sticky Sauce	346	173
Munchbox		3335

PIZZAS	Per 100g	Per Serving
Stuffed Crust Four Cheese Pizza	228	1436
Stuffed Crust Pepperoni Pizza	270	1742
Stuffed Crust Chicken & Bacon Pizza	289	1850

SHOWCASE

CINEMA DE LUX

Stuffed Crust Meat Feast Pizza	264	1795
Classic Crust BBQ Jackfruit Pizza	254	1245
Stuffed Crust Salt & Pepper Chicken	241	1668

PIZZA TWISTS	Per 100g	Per Serving	Plus Chips
Margherita	218	392	643
Pepperoni	226	407	658

BAR DRINKS	Coca	Per 100ml	Per 4oz Splash	Per 12oz Glass	Per Pint Glass
Cola	Diet Coke	43	49	152	244
Zero Fanta	Sprite Zero	0.3	0.3	1	1.7
Schweppes	Lemonade	0.5	0.6	2	2.8
		19	22	67	108
		1	1	4	6
		19	22	67	108

MOCKTAILS	Per 100ml	Per Serving
Coca Colada	65	114
Sea Breeze	37	74
Summer Sunset	33	66

JUICES	Per 100ml	Per Serving
Orange	46	92
Cranberry	20	40
Pineapple	54	108

GALLERY POT OPTIONS	Per 100g	Per Serving
Milk Choc Popcorn	490	594
White Choc popcorn	500	594
Mini Apple Beignets	328	246
Mini Brownies	440	502
Celebrations / Quality Street	471	688
Chilli Nuts	511	894
Veggie Crisps	540	243
Olives - Garlic & Basil	277	485

GALLERY BENTO BOXES	Per 100g	Per Serving
Sweet Bento Box	418	998
Savoury Bento Box	324	762

NACHOS GRANDE - Southampton Only	Per 100g	Per Serving
Nachos Grande with Pulled Pork	230	1083
Nachos Grande with Chilli Beef	165	943
Nachos Grande with Vegetable and Smoky Bean Chilli	149	859

POSH DOGS - Southampton Only	Per 100g	Per Serving
Posh Dog with Pulled Pork	241	1072
Posh Dog with Chilli Beef	170	932
Posh Dog with Vegetable and Smoky Bean Chilli	153	848

NEO PIZZAS - Nottingham Only	Per 100g	6 inch	10 inch
Margherita	212	503	580
Veggie	186	514	610
Pepperoni	220	540	671

SHOWCASE

CINEMA DE LUX

Hawaiian	198	529	650
Meatball	206	580	738
Chicken Tikka	192	531	650

SHARING PLATTERS (Serves 2-3 people) -

Bluewater Only	Per 100g	Per Serving
Sharing Platter	223	1593
Veggie Sharing Platter	209	1344
De Lux Platter	210	2838

COSTA PROUD TO SERVE - Hot Drinks

	Per 100ml	Small	Medium	Large
Espresso	19	6	12	
Macchiato	26	10	21	
Cortado	45	113		
Flat White	45	189		
Cappuccino	46	123	154	169
Latte	42	111	151	209
Americano	4	12	18	23
Chai Latte	61	168	215	274
Mocha	63	174	222	267
Hot Chocolate	79	220	310	421
English Breakfast Tea	0	1	1	1
Speciality Tea	2	3	3	3

COSTA PROUD TO SERVE - Cold Drinks

	Per 100ml	Small	Medium
Coffee Frostino	32	99	133
Belgian Chocolate & Cream Frostino	83	322	383
Strawberry & Cream Frostino	84	325	387
Salted Caramel & Cream Frostino	80	315	371
Iced Cappuccino	32	69	88
Iced Latte	38	106	144
Iced Americano	11	25	42
Mango & Passionfruit Cooler	31	125	165
Red Summer Berries Cooler	42	167	220
Peach Iced Tea	20	67	87
Cold Brew Coffee	3	6	8

COSTA PROUD TO SERVE - Syrups

	per 100ml	per Pump
Vanilla Syrup	313	13
Sugar Free Vanilla Syrup	13	1
Roasted Hazelnut Syrup	285	11
Sugar Free Roasted Hazelnut Syrup	14	1
Caramel Syrup	279	11
Sugar Free Caramel Syrup	19	1
Sugar Free Gingerbread Syrup	16	1