

SHOWCASE

CINEMAS

																
	Celery	Cereals Containing Gluten	Crustacea ns	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soybeans	Sulphur Dioxide	Vegetaria n	Vegan
Nachos - No Topping													MAY CONTAIN		YES	YES
Nachos - Cheese							CONTAINS									
Nachos - Salsa													CONTAINS		YES	YES
Nachos - Jalapeno															YES	YES
Medium Hot Dog	MAY CONTAIN	CONTAINS Wheat,		CONTAINS		MAY CONTAIN	CONTAINS		MAY CONTAIN		*MAY CONTAIN	MAY CONTAIN	MAY CONTAIN			
Large Hot Dog	MAY CONTAIN	CONTAINS Wheat,		CONTAINS		MAY CONTAIN	CONTAINS		MAY CONTAIN		*MAY CONTAIN	MAY CONTAIN	MAY CONTAIN			
Sweet Popcorn													MAY CONTAIN		YES	YES
Salted Popcorn													MAY CONTAIN		YES	YES
Gourmet Caramel Corn							CONTAINS						MAY CONTAIN		YES	
Gourmet White Chocolate Corn		MAY CONTAIN					CONTAINS			MAY CONTAIN	MAY CONTAIN		CONTAINS		YES	
Gourmet Belgian Chocolate Corn		MAY CONTAIN					CONTAINS			MAY CONTAIN	MAY CONTAIN		CONTAINS		YES	
Gourmet Salted Caramel Corn		MAY CONTAIN					CONTAINS			MAY CONTAIN	MAY CONTAIN		CONTAINS		YES	

*ALLERGY ADVICE REGARDING MUSTARD INGREDIENTS CONTAMINATED WITH PEANUTS.
THE FOOD STANDARDS AGENCY (FSA) ARE ADVISING PEOPLE WHO HAVE A PEANUT ALLERGY TO AVOID CONSUMING FOODS
THAT MAY CONTAIN MUSTARD INGREDIENTS DUE TO A WIDESPREAD
CONTAMINATION WITH PEANUTS.

SHOWCASE CINEMAS - KCAL INFORMATION

POPCORN	Per 100g	Kids Film Crew	Small	Medium	Large
Sweet Popcorn	493	360	794	1006	1277
Salted Popcorn	501	220	526	802	987

GOURMET POPCORN	Per 100g	Per Serving
Gourmet Caramel Popcorn	423	528.75
Gourmet Milk Chocolate Popcorn	490	588
Gourmet White Chocolate Popcorn	500	600
Gourmet Salted Caramel Popcorn	504	604.8

HOTDOGS	Per 100g	Per Serving
Medium Hotdog (including bun)	311	393
Large Hotdog (including bun)	308	663
Crispy Onion Topping	590	266

NACHOS	Per 100g	Small	Medium	Large
Nacho Chips	478	335	574	899
Cheese Sauce	186			186
Salsa	50			50
Jalapenos	10			5.5

ICEE	Per 100g	Kids Film Crew	Small	Medium	Large
ICEE Cherry Sugar Free	18	37	53	85	112
ICEE Raspberry Sugar Free	17	37	53	85	112
ICEE Vimto Sugar Free	18	37	53	85	112

DRINKS	Per 100ml	Kids Film Crew	Small	Medium	Large
Coke - Derby CDL only	43	203	280	407	559
Diet Coke - Derby CDL only	0.3	1	2	3	4
Coke Zero - Derby CDL only	0.5	2	3	5	7
Fanta - Derby CDL only	19	90	124	180	247
Sprite Zero - Derby CDL only	1	5	7	9	13

COKE FREESTYLE	Per 100ml	Kids Film Crew	Small	Medium	Large
Coca Cola	46	218	299	435	598
Diet Coke	0.3	1	2	3	4
Diet Coke Cherry	2	9	13	19	26
Diet Coke Vanilla	2	9	13	19	26
Diet Coke Raspberry	1	5	7	9	13
Diet Coke Lime	1	5	7	9	13
Diet Coke Cherry Vanilla	2	9	13	19	26
Diet Coke Orange	0.4	2	3	4	5
Coke Zero	0.3	1	2	3	4
Coke Zero Cherry	2	9	13	19	26
Coke Zero Orange	0.3	1	2	3	4
Coke Zero Vanilla	2	9	13	19	26
Coke Zero Raspberry	1	5	7	9	13
Coke Zero Lemon	0.3	1	2	3	4
Coke Zero Lime	1	5	7	9	13

SHOWCASE

CINEMA DE LUX

Coke Zero Cherry Vanilla	2	9	13	19	26
Coke Zero Peach	1	5	7	9	13
Caffeine Free Diet Coke	0.3	1	2	3	4
Caffeine Free Diet Coke Cherry	2	9	13	19	26
Caffeine Free Diet Coke Vanilla	2	9	13	19	26
Caffeine Free Diet Coke Raspberry	1	5	7	9	13
Caffeine Free Diet Coke Lime	1	5	7	9	13
Caffeine Free Diet Coke Cherry Vanilla	2	9	13	19	26
Caffeine Free Diet Coke Orange	0.4	2	3	4	5
Dr Pepper	20	95	130	189	260
Dr Pepper Cherry	22	104	143	208	286
Dr Pepper Cherry Vanilla	21	99	137	199	273
Dr Pepper Strawberry	21	99	137	199	273
Dr Pepper Zero	0.4	2	3	4	5
Dr Pepper Zero Cherry	2	9	13	19	26
Dr Pepper Zero Cherry Vanilla	2	9	13	19	26
Dr Pepper Zero Strawberry	2	9	13	19	26
Fanta Orange	21	99	137	199	273
Fanta Cherry	22	104	143	208	286
Fanta Raspberry	22	104	143	208	286
Fanta Lemon	20	95	130	189	260
Fanta Grape	21	99	137	199	273
Fanta Peach	21	99	137	199	273
Fanta Strawberry	22	104	143	208	286
Fanta Fruit Punch	21	99	137	199	273
Fanta Zero	1	5	7	9	13
Fanta Zero Cherry	2	9	13	19	26
Fanta Zero Raspberry	2	9	13	19	26
Fanta Zero Lemon	0.5	2	3	5	7
Fanta Zero Grape	2	9	13	19	26
Fanta Zero Peach	2	9	13	19	26
Fanta Zero Strawberry	2	9	13	19	26
Fanta Zero Fruit Punch	2	9	13	19	26
Fanta No Bubbles	20	95	130	189	260
Fanta No Bubbles Cherry	22	104	143	208	286
Fanta No Bubbles Raspberry	22	104	143	208	286
Fanta No Bubbles Lemon	20	95	130	189	260
Fanta No Bubbles Grape	21	99	137	199	273
Fanta No Bubbles Peach	21	99	137	199	273
Fanta No Bubbles Strawberry	22	104	143	208	286
Fanta No Bubbles Fruit Punch	21	99	137	199	273
Fanta No Bubbles Zero	1	5	7	9	13
Fanta No Bubbles Cherry Zero	2	9	13	19	26
Fanta No Bubbles Raspberry Zero	2	9	13	19	26
Fanta No Bubbles Lemon Zero	0.5	2	3	5	7
Fanta No Bubbles Grape Zero	2	9	13	19	26
Fanta No Bubbles Peach Zero	2	9	13	19	26
Fanta No Bubbles Strawberry Zero	2	9	13	19	26
Fanta No Bubbles Fruit Punch Zero	2	9	13	19	26
Fuze Tea Lemon	20	95	130	189	260
Fuze Tea Raspberry	21	99	137	199	273
Fuze Tea Peach	21	99	137	199	273

SHOWCASE

CINEMA DE LUX

Fuze Tea Strawberry	21	99	137	199	273
Fuze Tea Vanilla	21	99	137	199	273
Fuze Tea Orange	20	95	130	189	260
Fuze Tea Zero Lemon	1	5	7	9	13
Fuze Tea Zero Raspberry	2	9	13	19	26
Fuze Tea Zero Peach	2	9	13	19	26
Fuze Tea Zero Strawberry	2	9	13	19	26
Fuze Tea Zero Vanilla	2	9	13	19	26
Fuze Tea Zero Orange	1	5	7	9	13
Mezzo Mix Zero	0.3	1	2	3	4
Mezzo Mix Zero Peach	1	5	7	9	13
Mezzo Mix Zero Cherry	2	9	13	19	26
Mezzo Mix Zero Lemon	0.3	1	2	3	4
Mezzo Mix Zero Strawberry	1	5	7	9	13
Powerade Zero Cherry	2	9	13	19	26
Powerade Zero Orange	1	5	7	9	13
Powerade Zero Raspberry	2	9	13	19	26
Powerade Zero Lemon	1	5	7	9	13
Powerade Zero Grape	1	5	7	9	13
Powerade Zero Strawberry	1	5	7	9	13
Powerade Zero Fruit Punch	2	9	13	19	26
Powerade Zero Berry Tropical	2	9	13	19	26
Schweppes Lemonade	20	95	130	189	260
Schweppes Lemonade Cherry	21	99	137	199	273
Schweppes Lemonade Orange	20	95	130	189	260
Schweppes Lemonade Raspberry	21	99	137	199	273
Schweppes Lemonade Strawberry	22	104	143	208	286
Schweppes Lemonade Fruit Punch	22	104	143	208	286
Schweppes Diet Lemonade	1	5	7	9	13
Schweppes Diet Lemonade Cherry	2	9	13	19	26
Schweppes Diet Lemonade Orange	1	5	7	9	13
Schweppes Diet Lemonade Raspberry	2	9	13	19	26
Schweppes Diet Lemonade Strawberry	3	14	20	28	39
Schweppes Diet Lemonade Fruit Punch	2	9	13	19	26
Sprite Zero	1	5	7	9	13
Sprite Zero Cherry	2	9	13	19	26
Sprite Zero Orange	1	5	7	9	13
Sprite Zero Vanilla	1	5	7	9	13
Sprite Zero Raspberry	2	9	13	19	26
Sprite Zero Grape	1	5	7	9	13
Sprite Zero Peach	2	9	13	19	26
Sprite Zero Strawberry	2	9	13	19	26

ICE CREAM - DISOTTO GELATO	Per 100g	Each	Per Scoop
Cone	406	53	
Raspberry Ripple Gelato	197		167
Mint Choc Chip Gelato	216		184
Salted Caramel Gelato	217		184
Madagascan Vanilla Gelato	199		169
Blue Bubblegum Gelato	199		169
Peanut Butter Gelato	225		191

SHOWCASE

CINEMA DE LUX

Alphonso Mango Sorbet	117		99
Candyfloss Gelato	194		165
Chocolate Brownie, Caramel and Sea Salt Gelato	208		177
Wild Strawberry Gelato	202		172
Cookies & Cream Gelato	221		188
Ambassador Gelato	231		196
Rum n Raisin Gelato	201		171
Vegan Vanilla Gelato	211		179
Vegan Chocolate Gelato	233		198
Toffee & Butterscotch Gelato	219		186
Speculoos Gelato	220		187
Red Velvet Gelato	212		180
Lemon Drizzle Cake Gelato	202		172
Stracciatella Gelato	226		192
Crème Brulee Gelato	185		157
Raised Popcorn Pretzel Salted Caramel	265		225
Kinda Classic Gelato	245		208
Smartease	246		209
MILKSHAKES (Milk only)	Per 100ml	Small	Large
Small Milkshake + Two Scoops of Gelato	45	80	
Large Milkshake + Three Scoops of Gelato	45		106
ICE CREAM WAFFLE	Per 100ml/g	Per Serving	
Waffle	442	398	
ICE CREAM TOPPINGS	Per 100ml/g	Per Serving	
Chocolate Sauce	280	70	
Toffee Sauce	294	74	
Raspberry Sauce	281	70	
Whipped Cream	336	30	
Sprinkles	400	60	
Oreo & Oreo Crumb	476	100	
Peanut M&Ms	516	103	
Salted Popcorn	501	15	
Flake	535	43	
Nuts	604	48	
PICK & MIX	Per 100g		
Gourmet Jelly Beans	377		
Dolly Mixture	381		
Fizzy Cherry Cola Bottles	351		
Fizzy Cola Bottles	321		
Flowers	324		
Fried Eggs	335		
Juicy Strawberries	335		
Smileys	337		
Sour Cherries	336		
Strawberry & White Candysticks	375		
Vanilla Fudge	420		
Baby Snakes	329		
Berries	347		
Birthday Cake Fudge	441		
Black & Raspberries	313		

SHOWCASE

CINEMA DE LUX

Blue Raspberry Bonbons	370
Brains	319
Bunnies	340
Cherries	327
Chocolate Brownie Fudge	435
Cola Bottles	314
Crispy Bites	430
Duo Fudge	437
Fairytale Mix	326
Fish & Chips	522
Fizzy Bubblegum Bottles	335
Fizzy Dummies	320
Fruity Rolls	369
Fudgies	427
Giant Cola Bottles	313
Giant Cola Fizz	321
Giant Jazzies	480
Giant Snowies	500
Jelly Foam Hearts	340
Mega Melon	353
Milk Chocolate Beans	454
Milk Chocolate Mini Eggs	481
Milk Chocolate Raisins	437
Milk Chocolate Toffee Chews	422
Milkshake Bottles	315
Milk Teeth	322
Mini Strawberry Cables	370
Monkey Bananas	522
Orange Bottle	353
Partymix	335
Pink and White Mice	520
Rainbow Mix	344
Raspberry Jelly	322
Red Metre	331
Sour All-in-Mix	336
Spinning Tops	500
Strawberry Bonbons	390
Strawberry Dreams	336
Strawberry Rocketz	382
Stretchy Snakes	329
Sugared Strawberries	350
Sweet Apples	309
Sweet Bananas	360
Teddy Bears	313
Under the Sea Mix	330
Watermelon Slices	340
Wine Gums	335

FRIED FOOD	Per 100g	Per Serving	Regular Chips	Large Chips
Chips	204		502	670
Chips with Cheese				816
Chips with Nacho Cheese				856
Chicken Nuggets 6	293	353	855	1023
Chicken Nuggets 10	293	589	1092	1259
Chicken Strips	276	547	1050	1217
Hot & Spicy Popcorn Chicken	306	474	976	1144
Southern Fried Popcorn Chicken	337	506	1008	1176
Onion Rings	322	397	899	1067
Chicken Burger	263	487	989	1157

SHOWCASE

CINEMA DE LUX

Beef Burger	367	642	1144	1312
Cheese Burger	364	691	1193	1361
Waffle Fries	366	808		
Waffle Fries with Cheese		954		
Waffle Fries with Nacho Cheese		994		
Sweet Potato Fries	261	710		
Potato Wedges	215	485		
Jalapeno Flamers	206	344		
Garlic Mushrooms	173	260		
Mac & Cheese Bites	250	320		
BBQ Chicken Wings 6	193	608		
BBQ Chicken Wings 10	193	1071		

FRIED FOOD - STUDIO BAR	Per 100g	Per Serving
Chips	204	670
Waffle Fries	366	808
Chicken Strips	276	547
Onion Rings	322	521
Potato Wedges	215	485
Mac & Cheese Bites	250	320

FRIED FOOD - PETERBOROUGH	Per 100g	Per Serving
Loaded Fries	225	1259

PIZZAS	Per 100g	Per Serving
Stuffed Crust Four Cheese Pizza	228	1436
Stuffed Crust Pepperoni Pizza	270	1742
Stuffed Crust Chicken & Bacon Pizza	289	1850
Stuffed Crust Meat Feast Pizza	264	1795
Classic Crust BBQ Jackfruit Pizza	254	1245

PANINIS	Per 100g	Per Serving	Plus Chips
Tomato, Pesto and Mozzarella Panini	302	444	695
Tuna Melt Panini	291	486	737

BURRITOS	Per 100g	Per Serving	Plus Chips
Chicken Burrito	195	527	778

PIZZA TWISTS	Per 100g	Per Serving	Plus Chips
Margherita	218	392	643
Pepperoni	226	407	658

BAR DRINKS	Per 100ml	Per 4oz Splash	Per 12oz Glass	Per Pint Glass
Coca Cola	43	49	152	244
Diet Coke	0.3	0.3	1	1.7
Coke Zero	0.5	0.6	2	2.8
Fanta	19	22	67	108
Sprite Zero	1	1	4	6

SHOWCASE

CINEMA DE LUX

Schweppes Lemonade	19	22	67	108
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MOCKTAILS	Per 100ml	Per Serving
Coca Colada	65	114
Sea Breeze	37	74
Summer Sunset	33	66

JUICES	Per 100ml	Per Serving
Orange	46	92
Cranberry	20	40
Pineapple	54	108

GALLERY POT OPTIONS	Per 100g	Per Serving
Milk Choc Popcorn	490	594
White Choc popcorn	500	594
Mini Apple Beignets	328	246
Mini Brownies	440	502
Celebrations / Quality Street	471	688
Chilli Nuts	511	894
Veggie Crisps	540	243
Olives - Garlic & Basil	277	485

NACHOS GRANDE - Southampton and Peterborough Only	Per 100g	Per Serving
Nachos Grande with Pulled Pork	230	1083
Nachos Grande with Chilli Beef	165	943
Nachos Grande with Vegetable and Smoky Bean Chilli	149	859

POSH DOGS - Southampton and Peterborough Only	Per 100g	Per Serving
Posh Dog with Pulled Pork	241	1072
Posh Dog with Chilli Beef	170	932
Posh Dog with Vegetable and Smoky Bean Chilli	153	848

BURGERS - Peterborough	Per 100g	Per Serving	with Chips
Classic Burger	236	1155	1406
Chicken Burger	290	580	831
Add Beef Patty	312	530	
Add Cheese	327	49	
Add Bacon	215	129	

BURGERS - Leeds and Dudley	Per 100g	Per Serving	with Chips
Classic Burger	367	642	893
Chicken Burger	263	487	738
Add Beef Patty	312	530	
Add Cheese	327	49	

SHOWCASE

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Add Bacon	215	129		
BURGERS - Dudley Only	Per 100g	Per Serving	with Chips	
Classic with a Twist	236	1155	1406	
Mexican Burger	311	1337	1588	
Pulled Pork Feast Burger	382	1643	1894	
American Crunch Burger	364	1565	1816	
PIZZAS - Nottingham Only	Per 100g	6 inch	10 inch	
Margherita	212	503	580	
Veggie	186	514	610	
Pepperoni	220	540	671	
Hawaiian	198	529	650	
Meatball	206	580	738	
Chicken Tikka	192	531	650	
SHARING PLATTERS (Serves 2-3 people) - Bluewater Only	Per 100g	Per Serving		
Sharing Platter	223	1593		
Veggie Sharing Platter	209	1344		
De Lux Platter	210	2838		
COSTA PROUD TO SERVE - Hot Drinks	Per 100ml	Small	Medium	Large
Espresso	19	6	12	
Macchiato	26	10	21	
Cortado	45	113		
Flat White	45	189		
Cappuccino	46	123	154	169
Latte	42	111	151	209
Americano	4	12	18	23
Chai Latte	61	168	215	274
Mocha	63	174	222	267
Hot Chocolate	79	220	310	421
English Breakfast Tea	0	1	1	1
Speciality Tea	2	3	3	3
COSTA PROUD TO SERVE - Cold Drinks	Per 100ml	Small	Medium	
Coffee Frostino	32	99	133	
Belgian Chocolate & Cream Frostino	83	322	383	
Strawberry & Cream Frostino	84	325	387	
Salted Caramel & Cream Frostino	80	315	371	
Iced Cappuccino	32	69	88	
Iced Latte	38	106	144	
Iced Americano	11	25	42	
Mango & Passionfruit Cooler	31	125	165	
Red Summer Berries Cooler	42	167	220	
Peach Iced Tea	20	67	87	
Cold Brew Coffee	3	6	8	
COSTA PROUD TO SERVE - Syrups	per 100ml	per Pump		
Vanilla Syrup	313	13		
Sugar Free Vanilla Syrup	13	1		
Roasted Hazelnut Syrup	285	11		
Sugar Free Roasted Hazelnut Syrup	14	1		

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Caramel Syrup	279	11
Sugar Free Caramel Syrup	19	1